



TRAVEL MEDICINE News June 2015

THE EDITOR'S NOTE

CISTM14 IN QUÉBEC CITY



The CISTM14 in Québec City was a fabulous professional experience. World-renown speakers, cutting-edge topics, a fabulous venue and a wonderful city made this a stellar meeting. Here are some of my personal highlights.

The conference kicked off with Cirque d' Solei acrobats and a plea to assist the people of Nepal. Our shrinking world was a hot topic: did you know jet travel in the world is currently equivalent to 18K round trips to the sun? Varied populations were examined in

the presentations, including migrants, VFRs, the increase in travelers from Asia, and mental health illness in travel.

Computer-aided decision making, social networking, and tele-medicine were popular discussions: did you know there's a smartphone app to identify counterfeit drugs?

Inflight medicine gave tips to avoid barotrauma, render assistance as a health professional (advice: don't accept reimbursement if you are called on an airplane to help), and clear patients for "fitness to fly." A similar cruise ship discussion recommended: be cautious of scopolamine side effects when treating sea sickness, avoid communicable disease by using the toilet in one's cabin, and be aware that alcohol hand sanitizer does not kill norovirus.



Updates on Traveler's diarrhea, as well as, Chikungunya, Zita and Dengue viruses were presented. Some pearls: tenosynovitis is predominant in Chik, conjunctivitis is predominant in Zita, and rashes can be pruritic in all three. It's possible we may experience a chronic arthritis epidemic from these viruses; it's possible that some are over diagnosing malaria and thus underdiagnosing dengue, especially in Africa.

See you all in Barcelona in 2017!

Christopher Van Tilburg, Travel Medicine News Editor

PRESIDENT'S MESSAGE

CLOSING THE GAP

I thank you for giving me the opportunity to serve as President of the Society for the next 2 years. It is a joy to take over at a time when our Society is very strong. Herewith

I would like to thank David Shlim for his leadership over the past 2 years – I really enjoyed working with him in the past years in the Executive Board. In particular, I hold fond memories of the Regional ISTM meeting that he organized in his hometown Jackson Hole in 2014. Many thanks also to the two outgoing counselors, Karin Leder and Francesco Castelli, who both served with great passion and dedication!

As a Society, we have come a long way. We started small: ISTM was founded in 1991 with less than 300 members. Now we have more than 3300 members! We hail from more than 84 countries, and have indeed become a vibrant international society. With the growing member numbers, our activities have also grown. One just needs to take a look at ISTM.org to appreciate the many activities and the abundant membership benefits that ISTM has to offer: Two professional groups, and 5 interest groups; special initiatives such as GeoSentinel, the Certificate for Travel Health, and Research Awards and Travel Awards. Our TravelMed Forum connects you with more than 2000 travel medicine practitioners from around the world. We offer access to the global travel

CLOSING THE GAP

CONTINUED FROM PAGE 1

clinic directory and online educational resources, such as interactive patient cases, teaching slides. *Journal of Travel Medicine*, published six times per year under the able leadership of Eric Caumes, will soon go online. And did you know that we also have a charity program—legacy of Fiona Genasi's presidency.

TOGETHER, we have achieved a lot! And all this is possible because we have a strong membership that is passionate about travel medicine. But our exponential growth in the past years was really possible because of our hard-working professional team at the ISTM secretariat, led by our able Executive Director Diane Nickolson. Without them, we would not be where we are. Thank you, Diane, and the team!

We have achieved a lot. But there are also gaps. I would like to share my vision with you for my Presidency. **My goal is: Closing the Gap.**

The current Western approach to travel medicine does not meet the needs of the rapidly changing travel patterns globally, in particular from emerging economies. We need to strive to close this gap.

By 2010, the gap between advanced and emerging economies in terms of travel volume had narrowed. For the first time in history, emerging economies such as China, India, and Brazil will overtake the traditional continents of North America and Europe. Projections show that by 2030 they will surpass the so-called Western countries, including also Australia, New Zealand and Japan. Asia, the Pacific, the Middle East and Africa are now increasingly the source of people travelling. The growth in Chinese tourism for example is phenomenal. There is more travel from China to Africa than from the US to Africa! China is sending millions of

Chinese workers to Africa: recently, more than 2,000 cases of malaria were reported in

China in one year. It is time to fund research, make the world aware of this, and to implement policies for this growing problem. Similarly, India with its 1.2 billion people is now the 2nd fastest growing economy worldwide. What do we know about the epidemiology and public health issues that arise from such massive movement of people out of India? Not much.

The grim reality is that travel medicine still mainly or only addresses the needs of those traveling from industrialized countries to developing countries. We need to address the travel medicine issues that arise from this changing travel patterns!

We at ISTM need to address these issues. It is time to expand the



“..So let's all support our next Regional conference of the ISTM in South Africa 28 September to 1 October 2016.”



definition of travel medicine that in many people's mind still focuses on “the rich travelling to developing countries”. We need to address the health needs of ALL people who cross international borders. We are a GLOBAL Society and our mission statement is to address the issues of travellers GLOBALLY. Our aim is to become a vibrant society that is inclusive and that addresses the needs of each traveller, regardless where they come from, regardless where they are going.

Vibrant- inclusive - advancement - globally – these are the key words of our mission statement.

What steps can we take to achieve these goals? The boiling point in travel medicine is undoubtedly Africa. So let's all support our next Regional conference of the ISTM in South Africa 28 September to 1 October 2016. Let us all work together to ensure that this conference is made well known in Africa and beyond, that it will attract international delegates from all over the world who want to learn travel medicine at the boiling point. And equally important, let us work together to attract many new delegates from Africa.

I would also like to see more Africans, Asians and South Americans serving on ISTM Scientific Committees, being invited as speakers, winning research and travel awards, serve as site directors for GeoSentinel sites. We should all aim towards a higher membership from those continents. To this end, we have created a new time-bound task force coined “Close the Gap” chaired by Robert Steffen and Marc Mendelson.

I hope to be able to stand up 2 years from now in Barcelona and report back to you that we are indeed advancing the practice and science of travel medicine, that we are more geographically diverse; and that our members are happy and engaging more with each other and within the society. And lastly — that we have taken steps to close the gaps.

I thank you for giving me the opportunity to serve as President of the society for the next 2 years. I promise that along with the rest of the board and leadership council, we will do our very best on your behalf.

Annelies Wilder-Smith
President,
ISTM



CONTENTS

01	<u>THE EDITOR'S NOTE: CISTM14 IN QUÉBEC CITY</u>	08	<u>STANDING COMMITTEES</u>
01	<u>PRESIDENT'S MESSAGE: CLOSING THE GAP</u>	09	<u>SOCIETY NEWS</u>
04	<u>SECRETARY-TREASURER'S REPORT</u>	10	<u>PROFESSIONAL GROUPS</u>
06	<u>NEWS FROM THE SECRETARIAT</u>	10	<u>SPECIAL INTEREST GROUPS</u>
06	<u>UPCOMING MEETINGS</u>	11	<u>GEOSENTINEL</u>
07	<u>ASK THE EXPERTS</u>	12	<u>TRAVELMED TALK: TOP OF THE TALK</u>

Christopher Van Tilburg, Editor-in-Chief
Debra Stoner, Associate Editor
Nancy Pietroski, Associate Editor
Annelies Wilder-Smith, President
Joseph Torresi, Publications Committee Chair
Diane Nickolson, Executive Director
Amanda Martin, Marketing Coordinator
Dawn Keough, Design (www.dawnkeough.com)

The International Society of Travel Medicine
E-mail: ISTM@ISTM.org
Skypename: [istm.office](https://www.skype.com/join/istm.office)
Phone: +1.404.373.8282
Fax: +1.404.373.8283

Office hours: Monday - Friday, 9.00 - 17.00 EDT (UTC-04)
Mail and Courier: 1200 Ashwood Parkway, Suite 310, Dunwoody, Georgia 30338 USA

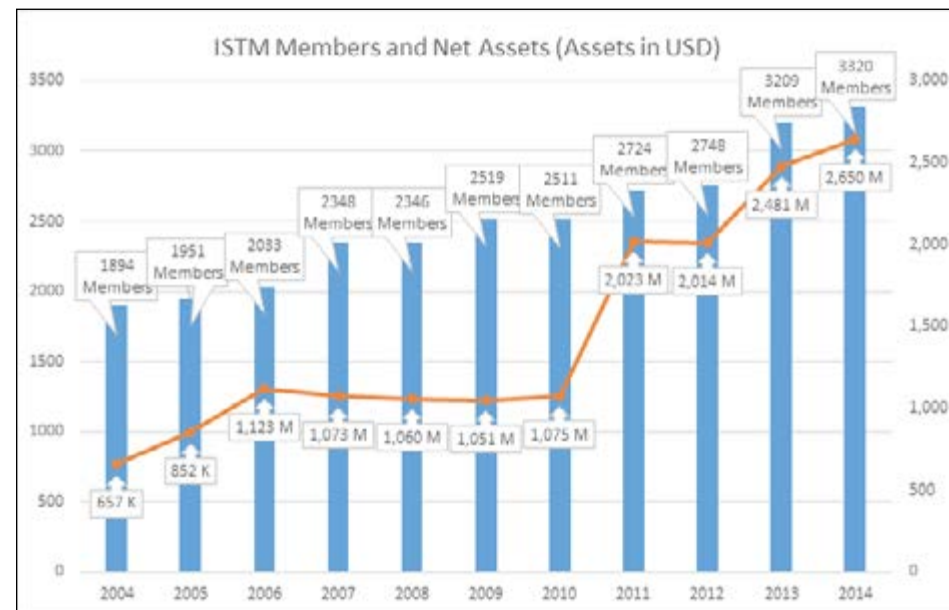
Travel Medicine News is published online quarterly by the International Society of Travel Medicine, with a year-end print issue.

SECRETARY-TREASURER'S REPORT

Society in good financial health and growing

At the recent Membership Assembly held during the CISTM14 in Québec, I reported on our financial status for the 2014 fiscal year. The audited financial statements for the 2014 fiscal year, which runs from 1 July 2013 to 30 June 2014, were prepared by our independent Auditors, Fulton Kozak, Inc. of Atlanta, Georgia, USA. Our Statement of Financial Position at the end of our fiscal year on 30 June 2014 showed Net Assets of USD2.65 million. Net assets at the end of the 2013 fiscal year on 30 June, 2013 were USD2.48 million. The figure below shows the steady growth in ISTM Membership and an improved position in Net Assets, especially over the past 5 years.

In terms of our Statement of Activities, it should be remembered that our Membership dues only cover a portion of the expenses for ISTM's many programs and activities. Apart from our investment reserves, which generate investment income that helps our reserves to keep pace with inflation, we are reliant on income



“I wish to thank Members for renewing their Membership and for their continued strong support for all our ISTM activities.”

primarily from conferences, CTH examinations, educational programs and the journal publisher to maintain our ISTM operations, including during the off-CISTM year.

With a cash flow that varies from approximately USD 1.5 million to USD 2.5 million per year, we must maintain reserves in order to maintain our operations in the event of a significant and unexpected downturn in income, such as severe difficulties or cancellation of one of our conferences. Economic constraints in various parts of the world and increasing costs can present considerable challenges, especially for the financial success of our conferences and concurrently administered activities such as our CTH examination.

ISTM Foundation established

The ISTM recently gained 501(c)(3)

approval by the U.S. Internal Revenue Service (IRS) and has established the ISTM Foundation in the USA. Being “501(c)(3)” means that a particular non-profit organization has been approved by the IRS as a tax-exempt, charitable organization [see [www.501\(c\)\(3\).org](http://www.501(c)(3).org)]. The Society appoints the Foundation Board and is designed to support the charitable, educational and research objectives of the ISTM. The ISTM is currently working on the scope of its activities and a timetable for the formal launch of the ISTM Foundation.

Acknowledgements

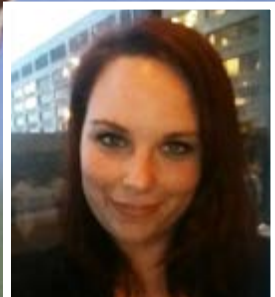
At the recent Membership Assembly at CISTM14, I presented my first Financial Report as ISTM Secretary-Treasurer, following in the footsteps of David Freedman, who presented his last report to you in 2013 at CISTM13, completing a remarkable eight years as Secretary-Treasurer. David left the ISTM in a sound financial position and we will endeavor to build on this solid foundation. I wish to acknowledge our accountants and Secretariat staff for assisting with the audit as well as our Independent Auditors. Finally, I wish to thank Members for renewing their Membership and for their continued strong support for all our ISTM activities.

Peter A. Leggat
ISTM Secretary-Treasurer



GISTM14 PHOTOS





Amanda Martin



Sarah Mosley



Kevin Dean

The first 5 months of this year, the Secretariat stayed quite busy preparing for the CISTM14, settling into our new offices, and adding to the ISTM Secretariat Team. In February we were able to fill the new marketing and communications support position with Amanda Martin who hit the ground running as we say in the States. Amanda took on the promotional activities for the society programs and projects, and the society communications with a special focus on our social media sites. Amanda graduated from West Georgia Technical College in June of 2014 with a degree in Marketing Management. Her past experience with social media and marketing has been a great addition to the team and has already proven to be effective. Many of you had the opportunity to meet Amanda in Québec.

Also in February, Sarah Thomas resigned to take a position with Emory Law School as she decided to work on getting her law degree. It took some time but we have found another Sarah – Sarah Mosley to replace her. Sarah has a Bachelor of Science Degree in Commerce and Business Administration from the University of Alabama, and has worked the last four years in program coordination and administrative support for a company in Alpharetta, Georgia. Sarah's

main responsibility is to support the GeoSentinel project, though will also be supporting other ISTM projects as well.

In April, Daveen Capers decided to take a position closer to her home so she will have more time to focus on her arts and crafts business. Daveen stayed through the CISTM, and also helped us to find and train her replacement. I am happy to introduce Kevin Dean, our new Member and Customer Service Coordinator, who has an extensive customer service background from working in a call center, with hotels, and in the travel industry. Kevin is originally from Charlotte, North Carolina and recently spent six years living and working in Israel. Kevin is our first-line contact for all member and customer questions and needs, and will also be working on the coordination of meetings and travel.

Sarah and Kevin started with the society on the same day in late May, the first day I returned to the office from the CISTM.

Please join us in welcoming them to the ISTM Secretariat Team.

Diane Nickolson
ISTM Executive Director



UPCOMING MEETINGS

- Asia Pacific Society of Travel Health, Kathmandu, Nepal 3-5 March 2016. For more information: <http://www.apths.org/>
- Northern European Society of Travel Medicine, London, UK, 1-4 June 2016. For more information: <http://nectm.com/>
- South Africa Society of Travel Medicine Congress to be held in Port Elizabeth, South Africa, from TK September 2016. For more information: sastm.org.za

ASK THE EXPERTS



Dr. Debra Stoner caught up with **Dr. Michael Jones**, Chair of the Psychological Health of Travelers Interest Group in Québec City. He is a Consultant in Infectious Disease and Dean of Travel Medicine at the Royal College of Physicians and Surgeons in Glasgow, Scotland.

How did you become interested in the Psychological Health of Travelers IG?

In 1983 my wife and I established a UK agency specifically offering whole person health care for volunteers working in humanitarian aid. It is now called HealthLink360. My interest grew from work in Tanzania at a teaching hospital in 1976. I became aware of four things: adaptation to a new culture is highly stressful; living in a developing world involves chronic stressors not present in a parent culture; traumatic episodes can occur that may result in post-traumatic stress disorder; expatriate children are in a special category.

Why should travel medicine practitioners join this special interest group?

Psychological Health Interest Group will enhance awareness issues like early or emergency repatriation, due to mental health issues. And we are interested in the health of the whole person and not just vaccines and anti-malarial prophylaxis.

What one piece of advice would you share with new practitioners with regards to their patients' psychological health?

Take a good mental health history.

What new activity is on the horizon for this IG?

The Psych Health Group of the ISTM on line Forum offers an opportunity to develop dialogue and learn from each other. Secondly we have an opportunity to plan a symposium as part of the Regional Conference to be held in South Africa in September 2016 and possibly at Barcelona in 2017.

Why is the Psychological Health of Travelers so important to the mission of the ISTM?

Travel health is achieved by paying attention to the health needs of the whole person and not just vaccines and medications. The old adage that travel *loosens the bowels and broadens the mind* is true. The lifelong broadening of the mind is enhanced when we experience different cultures and gain new perspectives. Travelers who are learning and gaining from their experience will contribute positively to the countries they visit and when they return will encourage others to do so.

Debra Stoner
Associate Editor





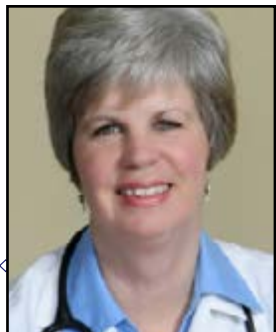
Joseph Torresi



Mary-Louise Scully



Nancy Piper-Jenks



Sarah Kohl



Lin Chen

STANDING COMMITTEES

PUBLICATIONS COMMITTEE

One month has already passed since CISTM14. Two years in the planning and CISTM14 delivered a tremendous scientific program with a wide breadth of topics to educate and update the delegates who took time from their busy professional lives to make the journey to the beautiful city of Québec. The success of the conference was reflected in the number of delegates who filled the halls and meeting rooms of the conference centre.

We were very proud to announce that our *Journal of Travel Medicine* (JTM) the flagship of ISTM, will move to a new publisher, Oxford University Press (OUP). The move to OUP is in many ways a perfect synergy for JTM. OUP already publishes the *CDC Yellow Book*, one of the most widely used travel medicine resources in the world and the *Oxford Handbook of Tropical Medicine*. Our journal will also share the limelight with high profile journals including *Clinical Infectious Diseases*, *Journal of Infectious Diseases*, *Journal of Antimicrobial Chemotherapy* and the *International Journal of Epidemiology*.

OUP will support JTM with a dedicated team to help build and promote our journal and to provide JTM with a greater international visibility. The move

will see a number of changes for JTM which will make access to JTM easier. The journal will move to becoming an online only journal on HighWire with a new look and a change to continuous publication. A streamlined process will ensure a faster time to publication of articles.

Some things will remain unchanged. The same online submission process for authors and reviewers will continue. ISTM members will have the same route of access to JTM (via myISTM.org). The content alerts for ISTM members through ISTM will also remain unchanged.

The success and growth of our journal however will ultimately rest with our ISTM membership. The change to OUP I hope will help to convince our members to look to JTM to publish their research, commentaries, reviews and guidelines. ISTM has now grown to a strong international society. Like so many strong societies seeking to have their voice heard around the world a powerful flagship journal would provide ISTM with the critical portal to have a more significant impact globally. Our *Journal of Travel Medicine* with OUP has a bright and exciting future ahead.

Joe Torresi
Chair, Publications Committee

“The journal will move to becoming an online only journal on HighWire with a new look and a change to continuous publication.”

PROFESSIONAL EDUCATION COMMITTEE

The mission of the PEC is to continue to find new ways to improve the education of health care professionals in the field of Travel Medicine. We hope you have had the opportunity to view the “Educational Patient Cases” section of the ISTM website. New additions include “Chikungunya” by Emilie Javelle and Fabrice Simon, “Air Travel with a Newborn” by Karl Neumann, and “Skin Lesion in the Returning Traveler” by Mary Louise Scully. Access to the Educational Cases is free to members. In addition, all members are encouraged to send their interesting cases to PEC for review, editing, and posting. Since last summer the site has had over 800 views and 2,300 downloads - so this is a great way for us to learn from each other!

Another ongoing PEC project is the no fee webinars. If you missed Peter Hackett’s “Is your Traveler Going to High Altitude” moderated by David Shlim you can still view this in excellent webinar via the online learning area of the ISTM website. Upcoming webinars topics will include Traveler’s Diarrhea by Bradley Connor, Chikungunya by Fabrice Simon, Malaria Prevention in Travelers by Pat Schlagenhauf, and Schistosomiasis by Eli Schwartz. Quite an impressive line up! So stay tuned for the details and dates of these upcoming educational events.

Mary-Louise Scully
Professional Education Committee Chair

Nancy Piper-Jenks
Educational Patient Cases Chair

Sarah Kohl
Webinar Co Chair

Lin Chen
Webinar Co Chair

SOCIETY NEWS

WE WOULD LIKE TO, AGAIN, CONGRATULATE THE WINNERS OF THE FOLLOWING AWARDS FROM CISTM14:



Research Award Winners:

1. Economics, knowledge, attitudes and practices of West African bushmeat in Minnesota and in VFR travelers. **Dr. Jonathan D. Alpern, United States, Principal Investigator.**
2. International pediatric travelers: risk perception, incidence of disease and adherence with recommendations at a tertiary care centre based travel clinic. **Dr. Shaun K. Morris, Canada, Principal Investigator.**
3. Development and validation of a novel molecular schistosomiasis viability assay for assessment of treatment success. **Dr. Mirjam Schunk, Germany, Principal**
4. ELDEST-study: morbidity in elderly travelers during a short-term stay abroad, a prospective cohort study. **Ms. Jessica Vlot, Netherlands, Principal Investigator.**

Free Communications

First Place Oral

FC1.02 – Behaviour of Mount Kilimanjaro Climbers with Serious Altitude Illness; A Pilot Study. **M. Croughs, Netherlands**

Second Place Oral

FC3.01 Effectiveness of Twice a Week Prophylaxis with Atovaquone-proguanil in Long-term Travelers to Sub-Saharan Africa. **E. Schwartz, Israel**

Third Place Oral

FC2.05 – Primary Vaccination Against Japanese Encephalitis Leads to Age-related Differences of Humoral and Cellular Immune Responses. **A. Wagner, Austria**

Posters

First Place Poster

PO05.03 – Mexican Expatriates: Monitoring Mental Health During Their Stay Abroad. **X. Vite-Velazquez, Mexico**

Second Place Poster

PO06.10 – Efficacy and Safety of Dihydroartemisinin-piperazine in Real Life Conditions in Adults Presenting with Imported Malaria. **C. Rapp, France**

Third Place Poster

PO17.12 – Seasonal Active Surveillance of Dengue and Chikungunya Viruses-infected Aedes Mosquitos in Dengue-endemic Provinces, Thailand. **A. Tawatsin, Thailand**



PROFESSIONAL GROUPS

PEDIATRICS

From our point of view, CISTM14 was a great success! We ran a Pediatric Travel Medicine course the day before the main meeting; attendance was good and there was some lively discussion. We're already thinking of running a course in Barcelona. There were several sessions during the meeting related to children and teenagers; all the talks were interesting and engaging. Our Council met and have some exciting plans related to education and research. It's clear that there are a number of people with expertise in pediatric travel medicine and we're all keen to share our knowledge and experience to improve the care that travelling children and families receive. We're hoping to have a strong focus on pediatrics at future Travel Medicine (and other) conferences, including the Asia Pacific meeting in Kathmandu, Northern European meeting in London and South African regional meeting in Port Elizabeth. If anyone is holding a regional meeting and wants some advice or help with pediatric content, please feel free to contact us.

Keep an eye on our website and please join our Interest Group if you're interested in pediatric travel medicine.

Mike Starr
Pediatrics
Group Chair



SPECIAL INTEREST GROUPS

STUDENTS TRAVEL ABROAD (STA) INTEREST GROUP

It's official! Our charter was accepted by the ISTM board. As the 'new kid on the block.' I want to welcome any and all who have an interest in the issues around serving this unique and growing population. Our energetic first group assembly at CISTM14 gathered concerns and ideas from our many members who serve traveling students. A summary of the comments and plans will be placed into the STA forum. Please join the group online in the MyISTM section.

Read more about the leadership opportunities in the STA section on the ISTM website. Consider joining the leadership team to guide us over the next few years—we'd love for you to nominate yourself. Elections will be scheduled online soon. The needs and requests put forth at the inaugural meeting will form the foundation of our activities.

One recurring theme at the Québec meeting was outreach to other organizations that work with the student traveling abroad community. If you are connected to an organization that works with students, please join us. We want to work collaboratively to 'promote health travel worldwide' while meeting the unique needs of the student population.

Sarah Kohl
STA Interest
Group
Member



RESPONSIBLE TRAVEL GROUP

I have recently taken over from Sheila Hall as Chair of the Group. In May at Québec we had a big change over in the council as our four other members stood down after many years. We are very grateful for their dedicated support and contribution to the group – and that they are willing to be called upon in an advisory capacity. They have been replaced by four very enthusiastic new members who are based in USA, Malaysia, Papua New Guinea and Scotland. It was great to meet many of you at our stand in the exhibition area at the Québec conference and to chat to you about our interest in the effects and challenges that travel and tourism can have on host countries. To date the group has concentrated on heightening awareness of issues around responsible travel, volunteer travellers, eco- travel and sex tourism.

We plan to continue with this work and hope to put forward proposals for related presentations in the 2016 regional conferences. We also look forward to hearing your views and opinions, especially if you have a particular interest in any issue relating to responsible travel. Please do sign up to be a group member and feel free to contact us by email or the Responsible Travel Listserv.

Susanna Maybin
Responsible
Travel
Group Chair



GEOSENTINEL

There are currently 59 GeoSentinel sites and 295 network members with a presence on every continent except Antarctica.

The annual GeoSentinel Site Director's meeting was held from May 22-24th at Manoir du Lac Delage, just outside of Québec City. There were personnel from 45 of the 57 GeoSentinel sites in attendance. Key highlights of the meeting included a review of the progress of the Diagnostics, Special Populations, and Tracking and Communication Working Groups, and the Data Collection Task Force; updates on active analyses and recent publications; and planning for the next year of network activities.

Major activities for the next six months include finalization and implementation of a new data collection form; initiation of enhanced data collection on migrants; and finalization of a protocol for prospective assessment of returning travelers with chikungunya, dengue, and malaria. GeoSentinel will also be expanding to new sites in Asia, Africa and potentially the Middle East during the next year.

David Hamer
Principal Investigator, GeoSentinel



David Hamer



Elizabeth Barnett



Karin Leder



Marc Mendelson



Pat Schlagenhauf

TravelMed Talk: TOP OF THE TALK



Thread Subject	Replies	Last Post
Clinic with lab facilities in Watamo (Kenya)	1	2 hours ago by Dick Stockley
Hep A serology	7	8 hours ago by John Wilson
Yellow Fever Vaccine and Breastfeeding	2	19 hours ago by Medhat Gindi
JE availability in Japan	7	yesterday by Helen Oh
Availability of Chloroquine	0	3 days ago by John Knowles
Allergic reaction to Oral Typhoid Vaccine	0	3 days ago by Robert O. Voight
Changes in vaccination requirements	1	4 days ago by Prativa Pandey
Rat bite in Zambia	5	4 days ago by David R. Shlim
Travel Clinic Tanzania	1	5 days ago by Mark Wise

Usually this column covers a hot topic that has been discussed recently on the TravelMedicine Discussion Board. Based on talk heard at the recent ISTM Meeting in Québec City, I thought it would be useful to put forth some tips and tricks for effectively using the Discussion Board, a rich source of current fact, and sometimes necessarily only opinion, from your ISTM colleagues.

Before posting your question:

1. Search standard texts if it's a common question that can be found easily – CDC Yellow Book, etc., For example, "My patient is going to X country, is Yellow Fever vaccination recommended?" The 2016 version of the Yellow Book is available.

Try to reserve the discussion board for more challenging questions for which you can't find an easy answer or for a particularly challenging case

2. Search the archives for a previous discussion. You can sort the discussions a number of ways

✓ by Thread – the title of the thread will appear in alphabetical order

✓ by Replies # - this is an interesting look at how robust a topic is

✓ by Last Post – to scan recent discussions

Tips for posting:

1. State your question clearly in the Subject field. Using "Yellow Fever" or "Malaria prophylaxis," is too general and won't capture the detail of your question. "Use in pregnant VFR" would add useful information to the question

2. Please don't post your question on the wrong thread – this happens occasionally, and it not only doesn't get your question answered, it injects a bit of chaos into the main thread

Some "Top of the Talk" topics in the past 6 months have included the following:

✓ **ISTM exam** – what resources to use to study. The exam is over for 2015, but if you're planning to take it in 2016, have a look at this useful thread

✓ **Traveler with a history of neurologic symptoms** – there was much discussion about seizures, anxiety, etc. This is not an uncommon counseling conundrum

✓ **Antibiotics for traveling** - covered in the February 2015 TravelTalk "Antibiotics for TD"

✓ **YF Lifetime** – how many Yellow Fever vaccinations need to be given in a lifetime

✓ **Travel Insurance** – how to counsel travelers on where to find information

✓ **Dosing of typhoid, rabies, hep A/B, etc vaccines** – there are many questions about vaccines with multiple dosing regimens (all of them); check these threads as the discussions tend to repeat often

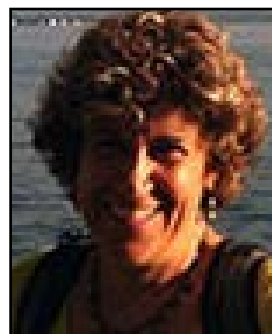
✓ **Electronic medical records** – for use in travel clinics

✓ **Availability of vaccines** – in a particular country

✓ **Repellents and sunscreens** – what order to apply them (hint: sunscreen first; but reapply both pm)

Happy Discussing!

Nancy Pietroski
Associate Editor



The International Society of Travel Medicine MEMBERSHIP BENEFITS

The ISTM is the largest organization of professionals dedicated to the advancement of the specialty of travel medicine. Members include physicians, nurses and other health professionals from academia, government and the private sector. ISTM invites all who are interested in travel medicine to join and participate in the advancement of this field.

ISTM MEMBERS RECEIVE

- ✓ Access to the only worldwide network of people working in the field of travel medicine through participating in the private, members-only My ISTM online portal, including the TravelMed ListServ with more than 3,200 members from 90 countries. The My ISTM portal also includes exclusive late-breaking travel and medical alerts and the ability to quickly and easily receive and share information with colleagues around the world.
- ✓ Access to the Online ISTM Membership Directory and the Global Availability of Rabies Vaccine, Rabies Immune Globulin and Japanese Encephalitis (JE) Vaccines
- ✓ Listing in the Online Global Travel Clinic Directory (over 500,000 visits each year)
- ✓ Specialized publications including:
 - *Journal of Travel Medicine* the ISTM peer-reviewed scientific journal published bimonthly
 - *Travel Medicine News*
 - *The Responsible Traveler*
 - Bibliographies on focused areas in the practice of travel medicine
 - Educational Materials and Handouts, including 7 tips for The Responsible Traveler, 10 tips for Healthy Travel, and ISTM Educational Patient Cases
- ✓ Eligibility to apply for Research Grants
- ✓ The ability to apply for Travel Awards for CISTM Presenters
- ✓ Exclusive alerts from and the ability to participate in GeoSentinel
- ✓ The ability to join ISTM Member Activity Groups, including Interest Groups and Professional Groups
- ✓ Eligibility to serve on ISTM Standing Committees
- ✓ The opportunity to contribute to the Mission and Goals of ISTM through the ability to vote and run for the Board of ISTM
- ✓ A special discount of more than 50% to purchase the ISTM Introduction to Travel Medicine Slide Lecture Kit.
- ✓ Reduced registration fees of USD 150 or more for CISTM biennial worldwide congresses, RCISTM biennial regional meetings and annual ISTM training courses.
- ✓ Discounts to purchase sessions in the Online Learning Program available to you 24 hours a day, seven days a week.
- ✓ Special discounts applicable to activities in relation to the Certificate of Knowledge Program



The 15th Conference of the International Society of Travel Medicine (CISTM15)

BARCELONA, SPAIN



International Society of Travel Medicine

Promoting healthy travel worldwide

www.ISTM.org

Established 1991

Early Registration: 31 December 2016

Abstract Submission: 7 January 2017